

FREQUENTLY ASKED QUESTIONS

Why is the first bottle double activated?

When you first use ProFresh® there will be an accumulation of excess bacteria in your mouth and on your tongue. Using a double strength solution removes the excess bacteria quickly.

Why is there no minty flavor to ProFresh®?

The active ingredient in ProFresh® is molecular chlorine dioxide. Its unique properties neutralize organic compounds, bacteria and the odors they produce. Flavoring compounds are also organic, so ProFresh® would attack any flavor before bacteria and VSCs, reducing its strength.

If I don't have time to do the complete routine daily, what's most important?

Clean your tongue to loosen the bacteria. Rinse and gargle with ProFresh®. Then, brush your teeth.

What should I do for optimum oral hygiene?

1. Use a cap-full of ProFresh® Rinse, swishing for 30 seconds.
2. With the rinse still in your mouth, brush your teeth, tongue, and gums.
3. Floss, or use inter-proximal cleaners throughout your mouth.
4. Scrape the surface of your tongue using the ProFresh® Tongue Cleaner.
5. Swish and gargle with a second cap-full of ProFresh®, for 30 seconds.
6. Ask your dentist if they have specific instructions for your oral care.

What about retainers, mouth guards, and dentures?

The first time you use ProFresh®, soak the retainer, mouth guard, or denture(s) in ProFresh® for 15 minutes. Rinse thoroughly with water. Soak in ProFresh® for 15 minutes once each month. Remember to clean removable dental appliances daily.

Is the tongue scraper hard to use?

No, it's not. If you push the scraper back too far on the first try, you might gag. Start by gently scraping from the middle of your tongue to the front. As you get used to it, move the scraper a little further back each day until you can reach the back of your tongue.

SATISFACTION GUARANTEE

ProFresh® carries a 30-Day Satisfaction Guarantee. If for any reason you are not satisfied, simply return the remaining components in the original box within 30 days of purchase. Include the receipt for a full refund (less S&H charges).

ProFresh will not immediately eliminate odors from foods, such as garlic, which are absorbed in the blood stream. If bad breath persists after using ProFresh® regularly, and as directed, consult your physician as this may be an indication of a more serious medical problem.

MADE IN THE USA

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Quick Start Guide

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A SUPERIOR ORAL HYGIENE SYSTEM

ProFresh® is the only oral hygiene system scientifically proven to eliminate bad breath. Using ProFresh® twice-a-day is guaranteed to provide you with fresh breath, and optimum oral health.

HOW DOES PROFRESH® ELIMINATE HALITOSIS?

- Removes the oral biofilm that traps odor causing bacteria.
- Eliminates odor causing bacteria and prevents redevelopment.
- Destroys 99.9% of Volatile Sulfur Gases, the source of bad breath.
- Neutralizes morning breath, providing a fresh start every day.

NEXT GENERATION ORAL CARE TECHNOLOGY

Next generation technology removes harmful oral bacteria and plaque. ProFresh® two-part activation generates activated chlorine dioxide – scientifically proven to remove the bacteria that cause tooth decay, gum disease, and breath odor.

- Controls the overgrowth of bacteria that cause all dental diseases.
- Reduces plaque and tartar build-up on teeth and around gums.
- Removes the biofilm layer that attaches bacteria and plaque to teeth.
- Promotes healing of oral ulcers and reduces Inflammation.

PLEASE REMEMBER

- Each bottle of ProFresh® must be activated before use.
- Never use toothpaste or other oral care products before ProFresh®.
- During tongue cleaning, locate the bumps that border the back of your tongue, and make sure to scrape up to this point in order to remove all biofilm from the back of your tongue.
- It is important to have a friend or family member check your breath after starting the ProFresh® program. It is scientifically proven that people cannot self-test their breath. It is very important that someone else check it to verify your results. If necessary, ask your dentist to perform a routine check.
- You may experience a slight change in your sense of taste when you begin the program. This is a natural occurrence and will disappear as you get used to ProFresh®.
- Use ProFresh® twice-daily for maximum effect.

BEFORE USING PROFRESH®

Activate ProFresh® Oral Rinse. Add Activator Pac tubes, A&B. Then close the bottle and shake for 30 seconds.

New users should add two Activator Pacs to the first bottle. This provides an extra-strength starter rinse which, clears excess debris and bacteria that builds-up over time.

Always use ProFresh® twice-a-day, before brushing your teeth. For best results use immediately after waking up, and again before bed. Do not sip directly from the bottle. Always keep cap tightly sealed.

THE PROFRESH® ORAL HYGIENE ROUTINE

STEP 1: RINSE AND CLEAN

Rinse vigorously, with one bottle cap-full, or ¼ oz., of ProFresh® Oral Rinse for 30 seconds*. Before spitting out the rinse, tilt your head back, extend your tongue, and gargle for an additional 10 seconds, soaking the back of your tongue with the rinse. Then spit it out.

**Superior Cleaning – With rinse inside of your mouth, brush lips, cheeks, palate, tongue, gum line, and teeth, in a rotary motion.*

STEP 2: CLEAN TONGUE

Place the edge of The ProFresh® Tongue Cleaner firmly on the back of your tongue and drag it forward. Reach as far back as possible. Repeat 4-6 times. Clean the sides and middle of your tongue to completely remove white biofilm layer.

STEP 3: GARGLE AND RINSE

Gargle again, with one bottle cap-full, or 1/4 oz, of ProFresh® Oral Rinse for 30 seconds. Tilt your head back, and extend your tongue to soak the back of your tongue with rinse. Rinse the rest of your mouth for an additional 10 seconds. Then spit out the rinse. Follow with regular brushing and flossing of your teeth.

PROFRESH® MAINTENANCE

When you stop using ProFresh®, plaque and bad breath start to reform after 12-72 hours. To avoid running out of ProFresh®, place your next order when you open your last bottle.

To re-order, visit www.profresh.com, or call 1-800-210-2110.