



Fresh Breath - 24 Hours a Day™
GUARANTEED!

QUICK START GUIDE

CONGRATULATIONS. With the purchase of your ProFresh BreathCare System you have started a new chapter in your life, a life that will be free of offensive breath odor. To maintain fresh breath 24 hours a day simply remember the following and perform the three simple steps shown on the next page.

Your Kit Contains

- (3) 500ml Bottles of ProFresh (50-day supply)
- (4) Activator Pacs
- (2) Tongue Cleaners
- (1) Toothbrush (should only be used with ProFresh)
- (1) Empty Spray bottle (fill with Activated ProFresh as a Refresher)
- (1) Measuring cup
- (1) Floss sample

ProFresh Works – ask a friend or relative

Scientific studies have proven that people cannot tell by themselves if their breath smells good or bad. The only reliable way to check your breath odor is to have a friend or family member sniff-test your breath each day after starting the ProFresh program. A friend or relative can easily confirm that ProFresh is working and this will help build confidence in your breath.

Please remember:

Each bottle of ProFresh Rinse must be activated before use. (See instructions on the Activator Pacs).

ProFresh does not eliminate temporary breath odors caused by eating garlic, onions or other aromatic foods and spices.

You may experience a slight change in your sense of taste when you begin using ProFresh. This is a natural occurrence and it will disappear as you continue to use ProFresh on a daily basis.

In order to maintain fresh breath 24 hours a day you must use ProFresh twice a day, first thing in the morning and last thing at night. Interrupting this schedule will allow the bacteria that cause bad breath to build up within 24 - 48 hours

Follow steps 1 - 2 - 3 - Twice a day...

New users should add two A and two B tubes to the first bottle. This provides an Extra Strength rinse that will help dislodge the accumulated bacteria that cause your bad breath.

All users

Do not use toothpaste for at least 1 HOUR before using ProFresh as it will decrease the effectiveness of ProFresh. You should brush with toothpaste after using ProFresh.

Step 1 - Rinse and Brush

- Rinse vigorously with 1/4 oz (one bottle cap full) of ProFresh Rinse.
- With the rinse in your mouth, keep your head upright and insert the ProFresh toothbrush into your mouth keeping your lips sealed around the toothbrush handle to avoid spillage.
- Brush the inside of your lips, cheeks, tongue, palate and teeth for one full minute. Then spit out.

Step 2 - Clean the Tongue

- Place the edge of the ProFresh Tongue Cleaner firmly upon the back of your tongue and drag it forward.
- Repeat 6-12 times, rinsing your mouth and the tongue cleaner with water each time. Be sure to clean the sides of your tongue as well as the middle to remove all tongue coating.
- If you experience a gag reflex refer to the Frequently Asked Questions.

Step 3 - Rinse and Gargle

- Rinse again vigorously with 1/4 oz. of ProFresh Rinse for 20 seconds.
- Tilt your head back, extend your tongue and gargle for an additional 10 seconds to soak the back of your tongue with the rinse. Then spit out.

What if, I don't have time every day to do the complete regimen?

What is most important?

- Rinse and gargle with ProFresh twice a day; this also helps your gums.
- Clean your tongue to loosen the bacteria.
Then if time allows:
- Use the toothbrush with ProFresh to clean your gums and mouth.

Guarantee

If you are not satisfied that the ProFresh BreathCare System has relieved your bad breath problem, simply return the remaining components in their original box within 30 days of purchase, with the sales slip, for a full refund, less S & H charges.

Call : 1-800-210-2110

Order Online at : www.profresh.com

Email questions to: info@profresh.com

A message from Jon L. Richter D.M.D, PH.D. Founder of ProFresh & World Recognized Authority on Halitosis

Congratulations with the purchase of The ProFresh® BreathCare System you have taken the first step toward improving your life by eliminating halitosis.

I am pleased to assure you will have total relief from bad breath 24 hours a day by using the ProFresh® BreathCare System as directed.

The ProFresh System is simple, inexpensive and easy. In just 2 minutes a day, this simple daily routine will give you maximum effectiveness against bad breath

The enclosed kit contains a 50-day supply of ProFresh. Because daily use is critical to maintaining fresh breath you should reorder ProFresh Rinse when you open the last bottle.

If you run out of ProFresh the bacteria that cause your bad breath will build up again within 24 to 48 hours. If this happens, just start using ProFresh again as soon as possible and you will eliminate the halitosis and regain your fresh breath.

Sign up for our Automatic Shipment Program and we will send ProFresh regularly, either every 30, 60, 90 or 120 days at additional savings:

Call 1-800-210-2110 and we will take care of the details.
Order Online at : www.profresh.com

If you follow the instructions, I know you will be pleased with the results.

Sincerely,



Jon L. Richter, D.M.D., Ph.D.

If breath odor persists after using ProFresh regularly, as directed, consult your physician, as this may be an indication of a medical problem.